

# FY '08 Financials

## Support and Revenues

Program Revenues	
Government Contracts & Awards	515,260
Govt. Contracts—Dorchester CARES (FNC fiscal partner FY08)	71,193
Program Fees	30,508
Gifts, Grants & Contributions	
Foundations & Corporate Grants	188,586
Smart from the Start (S2)	340,318
Gifts from Individuals	75,115
In-Kind Donations	58,942
Other Revenues	
Interest Income, Admin fees	15,175

**Total Support and Revenues . 1,295,097**

## Functional Expenses

Program Services:	
Nurturing Program, Circles of Caring & Training	784,932
Smart from the Start (S2)	290,013
Supporting Services	
Administrative	128,738
Fundraising	51,730

**Total Functional Expenses . . 1,305,413**

**Change in Net Assets . . . . . -10,316**

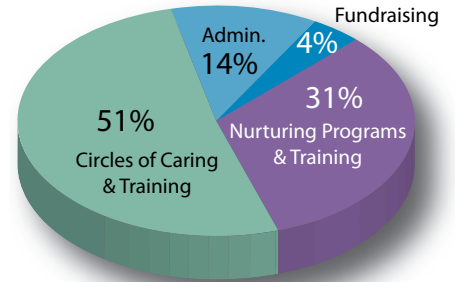
**Net Assets beginning of year . 691,162**

**Net Assets end of year . . . . . 680,846\***

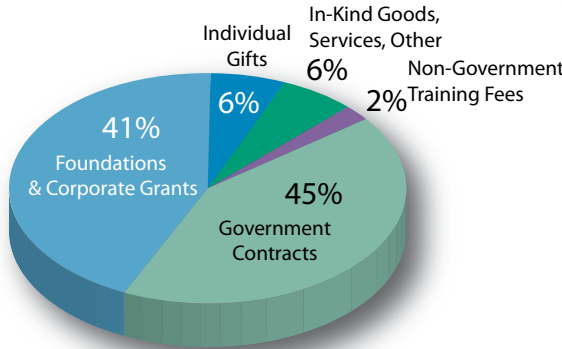
\*includes restricted net assets of \$499,755

Smart from Start portion of restricted net assets: \$340,318

Smart from the Start (S2) is a collaborative effort with the Mayor's Office, the Boston Housing Authority, and the Boston Centers for Youth and Families to deliver early literacy and family support programming to three low-income Boston housing developments. S2 funds and expenses shown here do not reflect the full scope of the project.



Expenses FY '08



Support FY '08



## Beyond the Numbers: Families Know What Really Counts

"I'm thankful. There have been many changes since the WB visit. I'm attending the playgroup now, which helps so much with isolation and depression. My son is more relaxed, too."

"The visit is really good, especially for families like us. We don't have any relatives around; it is very important and gives us lots of resources."

At a Nurturing Fathers' Program graduation ceremony this year, each father stood up and shared his vision statement: "The Father I Choose to Be". The father of a 13 year old boy shared that prior to coming to the program he was what he would call a "yeller" when it came to communication and discipline. At the end of the evening, after Nurturing Father caps and graduation certificates were distributed and food was served, the dads, facilitators, and guests were talking with each other around the room. In the midst of the noise, the 13 year old son approached Nurturing Fathers'

Program Director John O'Neil and held out his hand to shake. He said earnestly, "Thank you, Mr. O'Neil." John looked at him, a bit surprised. The boy's eyes welled up with tears, and he said simply, "He really changed a lot."

A young boy named Ricky participated with his mother in one of FNC's Nurturing Programs this spring, and the facilitators said that he was the one who made sure his mom got the two of them there from the nearby housing development each week. He especially loved Group Sharing Time, when the kids of all ages had a chance to talk about their feelings and what was happening in their lives. One evening in the final weeks of the program, Ricky said to an FNC staff member, "You know, I've seen these big boys in the neighborhood, and I always wanted to talk to them, and now I know them from the Nurturing Program." Even at five years old, Ricky feels the value of connection to his community; he has met "big boys" to look up to, who live right where he lives, who do well in school and play baseball, who come with their families to the Nurturing Program—and who know his name.

## Family Nurturing Center Annual Report, FY08: Focused on the Mission

### FNC works with others

- Merged with Dorchester CARES, our long-term community partner, to strengthen both organizations and provide more program opportunities for families
- Partnered with the City of Boston, Boston Centers for Youth & Families, and the Boston Housing Authority to launch Smart from the Start
- Engaged over 350 volunteers of all ages in the Welcome Baby program to assemble baskets and resource packets and to create handmade blankets
- Worked with Countdown to Kindergarten to train playgroup leaders in 4 new school-based playgroups
- Collaborated with Dorchester House Multi-Service Center and the Dorchester Boys & Girls Club to offer a Dorchester Nurturing Fathers' Program

### to build nurturing communities

- Served 196 families in Nurturing Programs, teaching empathy, structure and discipline, appropriate expectations, and the value of laughter, humor, and play in parenting
- Trained 460 parents and professionals - in the Nurturing Philosophy, home-buying, Shaken Baby Syndrome, Fatherhood Engagement, and other topics - to bring new skills to their jobs, their families, and their neighborhoods
- Mentored Department of Children and Families staff

teams in Plymouth and Lawrence through their first Nurturing Programs

### where children are cherished,

- Established a Tot Gym program for families with young children in Allston-Brighton for gross motor play in the winter months
- Coordinated Playgroups in the Park to keep children active and families connected in the summer months
- Provided home visits and Welcome Baby gift baskets for over 550 families with newborns in three Boston neighborhoods, offering support and making connections to resources

### families are supported,

- Conducted the Cape Verdean Nurturing Program on a Sunday to accommodate working families
- Delivered the Nurturing Fathers' Program to 70 dads in the Suffolk County House of Correction and Boston Pre-Release Center
- Collaborated with the Jackson/Mann Community Center to offer a second school year of a 42 week intensive Family Literacy Program to increase and improve English skills, school readiness, positive parenting techniques, and reading aloud

### and healthy human development is promoted by all.

- Participants in FY08 Nurturing Programs made statistically significant gains in the constructs of empathy, power and independence, and attitudes toward physical punishment
- 72% of parents stated that they changed as a parent/caregiver as a result of attending an Allston-Brighton Playgroup. The changes most often stated were: being more aware of community resources (64%), having more friends who are parents (56%), feeling happier and less isolated (54%), using new parenting strategies such as songs and routines at home (52%).
- 75% of parents stated that they increased the quantity of time they dedicated to reading and speaking with their children as a result of the Welcome Baby visit.



## Quotes For a New Year and a New Organization

We are pleased to announce that Family Nurturing Center and Dorchester CARES merged on July 1, 2008. The merger formally brings together two very similar organizations that have been working together since their inception, enabling us to reach more families in more communities without duplication of effort or resources. Board and staff are enthusiastic about the opportunities the merger brings for increased programming, training, and support for the families and providers in the neighborhoods we serve across Boston and Massachusetts.



*"I'm delighted that the team at Dorchester CARES has joined us. They have deep experience in neighborhood collaboration, parent leadership development, and family support, which we all can learn from and expand on."*  
—Phyllis Menken, FNC Board President (left)

*"I am so excited to be a part of bringing CARES and FNC together to promote the mission of family support and child abuse prevention in Massachusetts. It is my hope that families in Dorchester will benefit from our combined efforts to expand services and build an even stronger Circle of Caring."* —Jo-Anne Luppino Ochalla, former Dorchester CARES Board President (right)

