

FY17 Program Highlights



In rating their **Welcome Baby** home visit on a scale of 1-10 as to how positive an experience the visit was, **96% of parents scored the visit as an 8, 9, or 10**. The overall average score from 125 parents surveyed was a 9.7.

Parents said they made a positive change as a result of the Welcome Baby visit, including **88% (98) of survey participants who were talking more with their babies**.

"It was really good to hear about the importance of reading from the early stage. After the visit I now make sure we don't go a day without reading." – Lisa and baby Eva

The national **Parent-Child Home Program (PCHP)** considers an overall average of a 3 on the Child's Behavioral Traits (CBT) measurement tool to be an indicator of school readiness.

"The program was fantastic. It helped Sadiel to develop a love for books and reading." - Ana

Children completing 2 cycles (92 visits) of FNC's Boston PCHP (FY16/17)

Scoring a 3 to 4 (overall average) on CBT

Pre-Program

40%

Post-Program

95%

Scoring a 3.5 or above on CBT

12%

81%

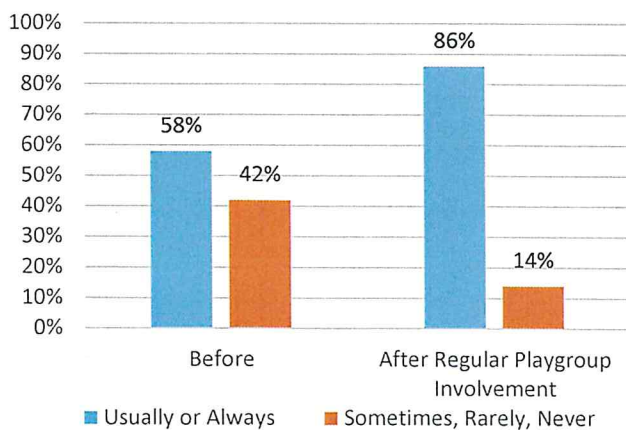


On average, evaluation scores for all **Family Nurturing and Nurturing Fathers' Program** participants increased in all five of the Nurturing Parenting Constructs: Appropriate Expectations of Children, Empathy, Discipline with Dignity, Appropriate Parental Roles, and Children's Power and Independence.

The greatest gains were in Empathy and Discipline with Dignity, the lack of which are key indicators for risk of child abuse and neglect.

"This class has helped me communicate with my children and understand them and their needs better. I've also learned to be more patient." – Vanessa, Dorchester Nurturing Program graduate

Parents' Perception of Child's Playgroup Participation - Demonstration of School Readiness Skills*



*a) following the playgroup leader's directions, b) easily transitioning from one activity to another, and c) feeling comfortable trying new things



Numbers Served | July 2016–June 2017

Over 3,000 individuals in Boston neighborhoods and across the Commonwealth were served by Family Nurturing Center in FY17.

325 families received a one-time Welcome Baby home visit, which brings a gift bag and information about early literacy and community resources to families with newborns. Visits are available in 5 languages, and FNC visits in Dorchester, Allston-Brighton, and Roslindale/Hyde Park.

77 families received twice-weekly home visits for 23 weeks through the Boston Parent-Child Home Program. Home Visitors bring a new book or toy to families each week and model ways to increase positive parent-child interaction and build children's school readiness skills.

607 parents and children were served in parent-baby groups, parent-child playgroups, and summer playgroups in the park. These are drop-in activities for parents and young children (0–4) to play and interact with each other, develop social-emotional skills, meet other parents, and connect to resources.

168 parents graduated from Nurturing Parenting Programs—intensive family strengthening programs for parents and children together. Groups of families meet weekly for 2.5 hours over 12–15 weeks to develop and improve nurturing, communication, and discipline skills. Many families referred to the program have some involvement with the Department of Children & Families (DCF).

69 parents participated in 10 parenting education programs offered by FNC over the course of the year—on topics such as social-emotional development, early literacy, and children's brain development.

159 families received child development screenings (Ages & Stages Questionnaires or ASQs) to assess progress toward milestones and learn ways to support children's healthy growth at home.

Over 850 parents and children participated in one or more FNC community events. These included a Holiday Party, outdoor summer events, monthly community coalition meetings and forums, trips to zoos and museums, a weekly neighborhood diaper pantry, and a backpack giveaway.

149 human service professionals from over 40 private and public agencies participated in the Developing Nurturing Families & Communities Basic Skills Training or the Nurturing Fathers' Program Facilitator Training, as FNC's training team built capacity across the state for the development of new Nurturing Programs.

Families in all programs benefitted from referrals to resources such as food pantries, ongoing home visiting, housing services, Cradles to Crayons, ESOL, Head Start, Early Intervention, and WIC.

For information on how you can help, contact:

Valerie Bean, Development Officer | vbean@familynurturing.org | 617.474.1143 x224
200 Bowdoin Street, Dorchester, MA 02122 | www.familynurturing.org