



# Allston-Brighton Family Support Network

May - June 2019

Programs for Allston-Brighton families with children 0-4 years old

Mayo - Junio 2019 Programas para las familias de Allston-Brighton con niños 0-4 años de edad

## Celebrating Nurturing Parenting

We have a change at our Allston-Brighton office. Our new interim coordinator is Juan-Carlos Ferrufino. Please welcome him! A search is underway for a new coordinator. Look for updates on our Facebook page and at [www.familynurturing.org](http://www.familynurturing.org)

Tenemos un cambio en nuestra oficina de Allston-Brighton. Nuestro nuevo coordinador interino es Juan-Carlos Ferrufino. ¡Por favor dale la bienvenida! Se está realizando una búsqueda de un nuevo coordinador. Busque actualizaciones en nuestra página de Facebook y en [www.familynurturing.org](http://www.familynurturing.org)

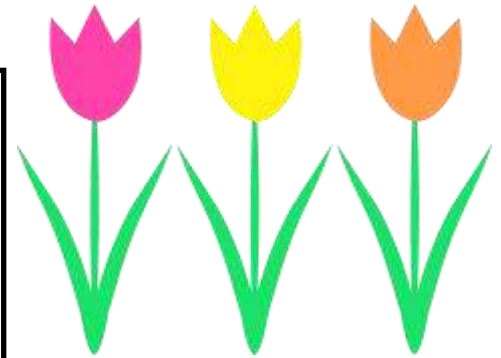
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Dear Families! Thank you for 14 amazing years of working with you in this wonderful neighborhood. I began visiting families for Welcome Baby in 2005. I think I have visited families on almost every street in Allston-Brighton! I have been so lucky to be welcomed into homes to talk about being a parent. A heartfelt shout out to all the parents and caregivers who have made the Baby Playgroup welcoming and loving. The resilience and kindness that parents and caregivers have is humbling. Here are a few things I have learned from you all:

- Laugh when you can. Laugh often.
- Everyone has a bad day; celebrate the good days.
- Perfection is overrated and boring.
- Life is messy. And life takes time. Give it time.
- Your child loves you; please love yourself.
- Reaching out to say hello or give a kind word may be what someone needs that day. Be the person to offer that.



Thank you for letting me a part of your parenting conversations! Best to all, Colleen



**Playgroup Schedules and Calendars inside!**

**Horarios y calendario de Grupo de Juego adentro!**

*HAPPY Mother's DAY*



May  
12

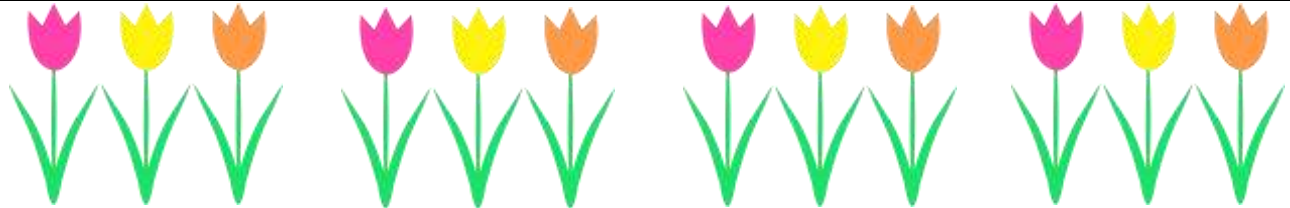
**HAPPY FATHER'S Day!**

June 16



PLAYGROUP SCHEDULE March & April 2019  
 Welcoming, Free, Fun ~ Please choose one playgroup!  
 HORARIO DE PLAYGROUP Marzo y Abril 2019  
 Acogedor, gratuito, divertido ~ Por favor, elija uno!

<i>Day- Dia de la Semana</i>	<i>Age Group- Edades</i>	<i>Time- Hora</i>	<i>Location-Localidad</i>
<b>Tuesdays</b> <b>Martes</b> No group May 28, June 25	Ages 1 to 3 years, younger siblings welcome. De 1 a 3 años de edad, hermanos menores bienvenidos.	11:00 am - 12:30 pm	<b>Brighton Library Community Room</b> 40 Academy Hill Rd., Brighton Bus #57, #86
<b>Wednesdays</b> <b>Miercoles</b> No group May 29, June 26	Ages 2 to 4 years De 2 a 4 años de edad	10:30 am - 12:00 pm	<b>Josephine Fiorentino Community Center, Charlesview</b> 123 Antwerp St. Extension, Brighton. – Between 370 and 420 Western Ave, Bus #86
<b>Jueves</b> <b>SPANISH!</b>	All Ages are Welcome Para todas las edades	10:00 am - 11:30 am	<b>Josephine Fiorentino Community Center, Charlesview</b> 123 Antwerp St. Extension, Brighton. – Between 370 and 420 Western Ave, Bus #86
<b>Thursdays</b> <b>Jueves</b> No group May 30, June 27	Young Walkers to 24 months– Caminantes principiantes a 24 meses Younger siblings welcome - hermonos menores son bienvenidos	10:30 am - 12:00 pm	<b>Harvard Ed Portal</b> 224 Western Ave., Allston Bus #66, #86
<b>Fridays</b> No group June 28	Babies–Bebes Birth to crawlers and cruisers— Del nacimiento a los gateadores	10:30 am - 12:00 pm	<b>Harvard Ed Portal</b> 224 Western Ave., Allston Bus #66, #86

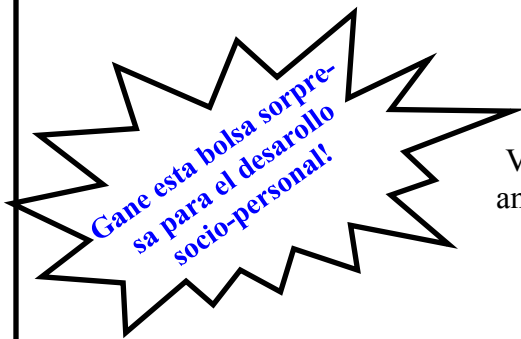


**Choose ONE Playgroup per week. Elija UN Grupo de Juego por semana.**  
 Para inscribirse, llamar - To sign up, call  
 Playgroups - Elayne 857-220-2641 Baby Playgroups - 857-220-2642  
 Grupos de Juego en Español - Maria Rey 857-220-2641

## ASQ Surprise Gift for May & June focuses on Personal - Social Skills

### El regalo sorpresa de ASQ para mayo y junio se centra en las habilidades Socio-personales.

- \* A free opportunity to learn about your child's development and ways to support them with easy at home activities.
- \* Una oportunidad gratis de hacer que su niño menor de 5 años sea evaluado y aprender sobre actividades fáciles en el hogar para apoyar su desarrollo.
- \* Uma oportunidade gratuita para entender melhor sobre o desenvolvimento de seu filho menor de 5 anos e aprender formas de como apoia-lo com atividades simples feitas em casa.



Preguntas? Questions? Samilla 857-220-2640  
(English, Spanish, Portuguese)

Visits can be scheduled at the office or at your home! Easy, friendly and focused on child development! ¡Las visitas se pueden programar en la oficina o en su casa! Fácil, amigable y enfocado en el desarrollo infantil!

**Welcome Baby brings a one-time celebratory home visit to all families with newborns in Allston-Brighton.**

**Bienvenido bebé trae una visita al hogar de celebración para todas las familias con recién nacidos en Allston-Brighton.**

**Welcome Baby e uma visita domiciliar comemorativa a todas as famílias com recém-nascidos em Allston-Brighton.**

Celebrates the birth of a new baby, Connects families with resources, Promotes early child and family literacy! Call for yourself or refer a friend.

Visitamos en español también! Llamar a Samilla 857-220-2640

Nós visitamos em Português também! Ligara para Samilla 857-220-2640

To receive a visit in English, call Juan-Carlos 857-220-2642





**Playdate 0 – 3 anos  
Em Português!  
25 DE MAIO**

10:30 am – 12:00 pm  
640 Washington St  
Suite 104  
Brighton

Grupo destinado a conectar pais de crianças interessados na cultura brasileira e na língua portuguesa!!!  
Estacionamento gratuito no local.

**Como nos encontrar:** Após entrar no prédio, pegue o elevador (ou use as escadas). No primeiro andar, a sala 104 estará à sua direita após a porta no final do corredor.

Contatos: [nqcampbell@gmail.com](mailto:nqcampbell@gmail.com);  
617-992-8719

**Allston–Brighton Diaper Pantry  
Every Tuesday 2:00-5:00pm**

640 Washington St Suite 104, Brighton.

New Participants **MUST** bring: Proof of Allston-Brighton residency and WIC Card or MassHealth card.

**Allston-Brighton Despensa de  
Panales Todos los martes de 2:00 a  
5:00 pm**

640 Washington St Suite 104, Brighton.  
Los nuevos participantes **DEBEN** traer:  
Comprobante de dirección de Allston-Brighton y tarjeta de WIC o de MassHealth.



We will have clothing available every Tuesday from 2:00pm to 5:00pm during our Diaper Pantry. You can bring children's clothing donations and take whatever is useful for your family. Just come on by!

**Tendremos ropa disponible todos los martes de 2:00 pm a 5:00 pm durante nuestra Despensa de pañales. Puede traer donaciones de ropa para niños y tomar lo que sea útil para su familia. No**

**Did you miss our CPR and First Aid classes?**

**¿Te perdiste nuestras clases de RCP y primeros auxilios?**

We have vouchers for classes at Carney Hospital in Dorchester held on Thursday evenings and Saturday mornings. Contact us so we can connect you to this free resource.

Tenemos cupones para las clases en el Hospital Carney en Dorchester que se realizan los jueves por la noche y los sábados por la mañana. Estas clases son solamente en inglés.

Contáctanos para que podamos conectarte a este recurso gratuito.

Call 857-220-2642 (English)

Samilla para registrarse 857-220-2640 (Español & Portuguese)

# Allston Brighton Family Support Network ~ May & June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			May 1	May 2	May 3 Babies Ed Portal	4
5	May 6 ESOL	May 7 1-3 yrs Brighton Library Diaper Pantry	May 8 2-4 yrs Charlesview	May 9 Spanish Charlesview Toddlers Ed Portal  Spanish group at Charlesview	May 10 Babies Ed Portal	11
12	May 13	May 14 1-3 yrs Brighton Library Diaper Pantry	May 15 2-4 yrs Charlesview	May 16 Spanish Charlesview Toddlers Ed Portal  Spanish group at Charlesview	May 17 Babies Ed Portal	18
19	May 20	May 21 1-3 yrs Brighton Library Diaper Pantry	May 22 2-4 yrs Charlesview	May 23 Spanish Charlesview Toddlers Ed Portal	May 24 Babies Ed Portal	25  Portuguese Playdate
26	May 27 Memorial Day holiday	May 28 <b>Cancelled=1-3 yrs Bright- on Library Diaper Pantry</b>	May 29 <b>Cancelled=2-4 yrs Charlesview</b>	May 30 Spanish Charlesview <b>Cancelled=Toddlers Ed Portal</b>	May 31 Babies Ed Portal	June 1
2	June 3	June 4 1-3 yrs Brighton Library Diaper Pantry	June 5 2-4 yrs Charlesview	June 6 Spanish Charlesview Toddlers Ed Portal	June 7 Babies Ed Portal	8
9	June 10	June 11 1-3 yrs Brighton Library Diaper Pantry	June 12 2-4 yrs Charlesview	June 13 Spanish- Charlesview Toddlers Ed Portal	June 14 Babies Ed Portal	15
16	June 17	June 18 1-3 yrs Brighton Library Diaper Pantry	June 19 2-4 yrs Charlesview	June 20 Spanish Charlesview Toddlers Ed Portal	June 21 Babies Ed Portal	22
23	June 24	June 25 <b>No playgroups Diaper Pantry</b>	June 26 <b>No playgroups</b>	June 27 Spanish Charlesview <b>Cancelled=Toddlers Ed Portal</b>	June 28 <b>Cancelled: Babies Ed Portal</b>	29

Coordinated by Family Nurturing Center of MA



changing  
children's  
chances



## Do you have children under 5 and live in Allston-Brighton?

Do you want help with resources for your family?

¿Tiene hijos menores de 5 años y vives en Allston-Brighton ¿Necesitas ayuda con recursos para tu familia?

Samilla Quiroa and Maria Rey are available to help connect you to programs. Call 857-220-2640, email [squiroa@familynurturing.org](mailto:squiroa@familynurturing.org) or VISIT them at

Samilla Quiroa y Maria Rey estan disponibles para ayudarlo a conectarse a los programas.

Llame al 857-220-2640, envíe un correo electrónico a [squiroa@familynurturing.org](mailto:squiroa@familynurturing.org) o VISÍTELA en



- Brighton WIC - Mondays 10-12 and Thursdays 2-4 (Samilla)
- Charles River Community Health Center - Tuesdays 10-2 (Samilla)
- Franciscan Children's - Wednesdays 1:30 –3:30 (Maria)



Samilla speaks English, Spanish and Portuguese. Samilla habla inglés, español y portugués. Samilla fala inglês, espanhol e português.  
Call 857-220-2640, email: [squiroa@familynurturing.org](mailto:squiroa@familynurturing.org)

Maria speaks English and Spanish. Maria habla inglés y español.  
Call 857-220-2641, email: [mrey@familynurturing.org](mailto:mrey@familynurturing.org)

**Family Nurturing Center of MA**  
**Allston-Brighton Family Support Network**  
640 Washington Street, Suite #104  
Brighton, MA 02135

Phone: 857-220-2642  
[www.familynurturing.org](http://www.familynurturing.org)

E-mail: [info@familynurturing.org](mailto:info@familynurturing.org)

*Allston-Brighton Family Support Network*  
**Elayne Baskin** 857-220-2641  
*Playgroup Facilitator*

**Juan-Carlos Ferrufino** 857-220-2642  
*Interim Coordinator*

**Samilla Quiroa** 857-220-2640  
*ASQ Screening coordinator*  
*Parent Liaison*

**Maria Rey** 857-220-2641  
*Early Childhood Specialist*

