



Allston-Brighton Family Support Network

Free Programs and Resources for Allston-Brighton families with children 0-5 years old.

Programas y recursos gratuitos para todas las familias de Allston-Brighton con niños 0-5 años de edad.

**SEPTEMBER/
OCTOBER
2025**

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Fall is around the corner! With the new school year starting we wish all the children in the community a successful year ahead. We have new playgroups planned with fun learning activities to celebrate the season. We hope you'll join us.

El Otoño llegara pronto! Con el comienzo del año escolar, deseamos a todos los niños de la comunidad un exitoso año. Hemos planeado nuevos grupos de juego con divertidas actividades, para celebrar esta estación. Esperamos que nos puedan acompañar.



PROGRAMS/PROGRAMAS

THE MIND MATTERS Families Make a Difference



Please join us for a workshop series providing educational resources and community support for Allston-Brighton families with young children who are looking to learn ways to encourage and support learning at home!

- A 10-session series for parents. **Free** Participation, learning materials and activities to use at home.
- Developed by Harvard University and based on cutting-edge brain research on children's social, emotional, and intellectual growth.
- Sessions include hands-on activities, mini-lectures, videos, group discussions and community support with other families.

When: Wednesday October 15th - December 19th, 2025, 10 a.m.-12 p.m.

(No class November 5th, class on both December 17th and 19th)

Where: Harvard Ed Portal, 224 Western Avenue, Allston

Child watch and breakfast provided!

For questions and registration, contact:

Sandra McCarthy at smccarthy@familynurturing.org

Bing Jiang at bjiang@familynurturing.org

Register now!





DRESS UP CELEBRATION

**Put on your cutest costumes and join the fun!!
(Nothing scary, violent or offensive, please.)
Snacks and fun activities will be provided.**

**OCTOBER 18TH | 10:00 AM-1:00 PM
LOCATION: 640 WASHINGTON STREET,
BRIGHTON, 02135**

PROGRAMS/PROGRAMAS



September Outdoor Playgroups

Busy buddies on the go!

- Who:** All AB families with children are welcome!
- When:** Every Tuesday, Wednesday and Thursday
10:00-11:30 in the morning, starting Sept. 9th
- Where:** Tuesday: Rogers Park Playground
Wednesday: Hardiman Playground
Thursday: Hardiman Playground
- What:** Sensory play, circle time songs and games

Questions?

Call or text Elayne 617-365-3941

Email: ebaskin@familynurturing.org

Registration required!

<https://www.tfaforms.com/5181165>

Scan me to register!



Beautiful
moments
with
Allston-
Brighton
families!



Grateful Hearts



PLAYGROUPS/GRUPOS DE JUEGO

Our amazing facilitators, Elayne and Sandra, have planned fun activities for their playgroups in September and October

Nuestras increíbles facilitadoras Elayne y Sandra han planeado actividades divertidas para sus grupos de juego en Septiembre y Octubre.

Bilingual Baby/Toddler

FALL OUTDOOR PLAYGROUP



Facilitator: **Sandra McCarthy**
Ages: **0-24 months**
Date: **Friday Sep. 12th-Oct. 31st**
(No group Oct 10th)
Time: **10:30 - 11:30 am,**
Location: **640 Washington St, Brighton**
(Downstairs in New Balance Room)

Registration required:
smccarthy@familynurturing.org

<https://www.tfaforms.com/5182289>



We will learn songs, games, and activities to support your young child's development.

Aprenderemos canciones, juegos y actividades para apoyar el desarrollo de tu bebé.





Indoor age-based playgroups



Fun, free and welcoming!



Who: AB families with children 0-4, younger siblings are welcome!

Tuesday: Wonderful Ones -12-24 months

Wednesday: Terrific Twos - 2 year-olds

Thursday: Preschool Playgroup - 3-4 year-olds

When: All groups beginning week of October 7th.

Tuesday 10:00 am -11:30 am

Wednesday 10:30 am-12:00 pm

Thursday 10:30 am-12:00 pm

Where: **Tuesday: Harvard Ed Portal, parking in rear**

Wednesday: Josephine Fiorentino Community Center

Thursday: Josephine Fiorentino Community Center

What: Engaging experiences for caregivers and their children. Group circle time with songs and more hands-on activities

Questions?

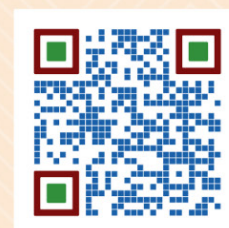
Call or text Elayne 617-365-3941

Email: ebaskin@familynurturing.org

Registration required!

<https://www.tfaforms.com/5191674>

Scan me to register!



SEPTEMBER/SEPTIEMBRE

All activities require previous registration!

Todas las actividades requieren una registracion previa!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Office Closed	2  Nurturing Closet  Diaper Pantry	3  Farmers' Market	4	5	6
7	8  Nurturing Closet	9  Nurturing Closet  Diaper Pantry  Rogers Park Playgroup	10  Farmers' Market  Hardiman Playgroup-Wednesday	11  Hardiman Playgroup	12  Bilingual Baby/Toddler Playgroup	13
14	15  Nurturing Closet	16  Nurturing Closet  Diaper Pantry  Rogers Park Playgroup	17  Farmers' Market  Hardiman Playgroup-Wednesday	18  Hardiman Playgroup	19  Bilingual Baby/Toddler Playgroup	20
21	22  Nurturing Closet	23  Nurturing Closet  Diaper Pantry  Rogers Park Playgroup	24  Farmers' Market  Hardiman Playgroup-Wednesday	25  Hardiman Playgroup	26  Bilingual Baby/Toddler Playgroup	27
28	29  Nurturing Closet	30  Nurturing Closet  Diaper Pantry  Rogers Park Playgroup				

OCTOBER/OCTUBRE

All activities require previous registration!

Todas las actividades requieren una registracion previa!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Farmers' Market	2	3 Bilingual Baby/Toddler Playgroup	4
5	6 Nurturing Closet	7 Nurturing Closet Diaper Pantry Wonderful Ones	8 Farmers' Market Terrific Twos	9 Preschool Playgroup	10	11
12	13 Office Closed	14 Nurturing Closet Diaper Pantry Wonderful Ones	15 Farmers' Market Terrific Twos Mind Matters	16 Preschool Playgroup	17 Bilingual Baby/Toddler Playgroup	18 Dress up/ Celebration
19	20 Nurturing Closet	21 Nurturing Closet Diaper Pantry Wonderful Ones	22 Farmers' Market Terrific Twos Mind Matters	23 Preschool Playgroup	24 Bilingual Baby/Toddler Playgroup	25
26	27 Nurturing Closet	28 Nurturing Closet Diaper Pantry Wonderful Ones	29 Farmers' Market Terrific Twos Mind Matters	30 Preschool Playgroup	31 Bilingual Baby/Toddler Playgroup	

SERVICES/SERVICIOS



Free / Gratis / 免费!

AGES AND STAGES DEVELOPMENTAL SCREENING EVALUACIONES DE EDADES & ETAPAS DE DESARROLLO



Explore your child's development
Explora el desarrollo de tu hijo

- > **Free opportunity to learn about your child's development**
Una oportunidad para aprender más sobre el desarrollo de tu niño
- > **Get to know about ways to support them with easy at-home activities**
Conoce las formas simples de apoyarlos con actividades fáciles en el hogar
- > **Simple questionnaires for parents to complete with support of our trained parent screeners**
Cuestionarios sencillos para que los padres los completen con la asistencia de nuestros evaluadores de niños capacitados

English



Sandra McCarthy
smccarthy@familynurturing.org
857-230-3523

Online Questionnaire

Español





Welcome Baby/Bienvenido Bebé

Welcome to our community!
Bienvenidos a nuestra comunidad!

Do you have a newborn or a baby up to 6 months old?

¿Tienes un recién nacido o un bebé de hasta 6 meses?

Would you like to get connected or learn about resources in our community?

¿Le gustaría conectarse o conocer los recursos de nuestra comunidad?

FREE
GRATIS

Welcome Baby brings a one-time celebratory visit with a gift bag to all qualified families in Allston-Brighton.

Bienvenido Bebé trae una visita de celebración para todas las familias elegibles con recién nacidos hasta los 7 meses en Allston - Brighton.

Call for yourself or refer a friend today!

Contáctenos para hacer una visita o referir a una amiga hoy mismo!

Sandra McCarthy

smccarthy@familynurturing.org

857-230-3523



SERVICES/SERVICIOS



Address: 640 Washington Street, Suite #103, Brighton, MA, 02135

We offer clothes sizes from newborn to 12 years old for **FREE**.

Appointments available Monday 10:30 a.m.–1:00 p.m. and
Tuesday 1:00 p.m.–4:30 p.m.

Schedule your appointment today at 857-230-3523.

***By appointment only. No walk-ins please. WIC/Masshealth card and proof of Allston-Brighton residency required.**



Address: 640 Washington Street, Suite #103, Brighton, MA, 02135

Ofrecemos ropa **GRATIS** desde recién nacido hasta los 12 años a través del Nurturing Closet.

Citas disponibles los lunes de 10:30 am – 1:00 pm
martes de 1:00 pm– 4:30 pm.

Contáctenos para hacer su cita al 857-230-3523.

Se requiere tarjeta de WIC o Masshealth y prueba reciente de dirección de Allston-Brighton.



Allston-Brighton Diaper Pantry

TUESDAYS FROM 1-4:30 PM



Address: 640 Washington Street, Suite #103, Brighton, MA, 02135

Families can pick up diapers ONCE a month for children **up to 3 years old**. **When children turn 3**, they will receive a potty training kit.

*Proof of Allston-Brighton residency and WIC/MassHealth card is **required at every visit**. Please arrive during the **designated time frame only**. For questions, please call 857-230-3523.



Allston-Brighton Diaper Pantry

TUESDAYS FROM 1-4:30 PM



Address: 640 Washington Street, Suite #103, Brighton, MA, 02135

Las familias podran recoger pañales **UNA VEZ** al mes para cada niño/a hasta los **3 años de edad**. **Cuando el niño/a cumpla 3 años**, recibira un kit para aprender a utilizar el baño.

*Es **necesario** presentar una prueba de dirección reciente de Allston-Brighton y la tarjeta de **WIC o MassHealth cada mes**. Si no puede venir en el horario establecido por favor llamar al 857-230-3523.



RESOURCES/RECURSOS

ALLSTON-BRIGHTON FOOD RESOURCES

RECURSOS DE ALIMENTOS GRATIS EN ALLSTON-BRIGHTON

Allston-Brighton Food Pantry

Community Supper: **Wednesdays, 6pm**
Food Basket: **2nd & 4th Saturdays, 10am-1pm**
Phone: 617-254-4046
404 Washington St, Brighton

ABCD Food Pantry

Monday: 11am - 4pm
Tuesday: Closed
Wednesday: 10am - 4pm
Thursday: 10am - 2pm
Friday: 10am - 4pm

Phone: 617-903-3640
640 Washington St, Brighton



Community Fridges

- Brighton Allston Congregational Church
404 Washington St, Brighton, MA 02135
- Faneuil St Fridge at Oliveira's Deli
243 Faneuil St, Brighton



GOOD FOOD and A WHOLE LOT MORE!

WIC is a healthy food and nutrition program available to families who qualify. If you are pregnant, nursing or caring for children under the age of 5, you may qualify. Find out now!
<https://www.mass.gov/forms/apply-for-wic-online>



640 Washington St, Brighton, Suite
#101
(617) 254-0492



If you need immediate connection to resources, please dial 2-1-1 or search online at mass211.org

Si usted necesita conexión urgente a recursos, por favor llame al 2-1-1 o visite mass211.org



Have you signed up already? This free text messaging program is designed to support your child's development and strengthen your relationship until your child turns three years old. Register today!

Usted ya se inscribió? Este es un programa gratuito de mensaje de texto para apoyar el desarrollo de su niño y fortalecer sus relaciones hasta los tres años de edad. Inscribase hoy!

Scan to register



BRIGHTON FARMERS MARKET

WEDNESDAYS

JUNE 11TH - OCTOBER 29TH

2PM - 6:30PM; OCTOBER HOURS 2PM - 6PM



Brighton Common
30 Chestnut Hill Ave

Accepts Cash, Credit, HIP/SNAP, WIC & Senior Coupons



CONTACT/CONTACTO

Family Nurturing Center of MA Allston-Brighton Family Support Network



640 Washington Street, Suite #103
Brighton, MA 02135



857-220-2640

857-230-3523 (text or call)



www.familynurturing.org

www.bfen.link

NEW
NUMBER



Family
Nurturing
Center
of Massachusetts



WHEELCHAIR
ACCESS

ALL ARE
WELCOME



Any questions? We are here for you!

Tienes preguntas? Estamos aquí para apoyarlos!

Sandra McCarthy

SITE COORDINATOR

857-220-2640

smccarthy@familynurturing.org

Elayne Baskin

PLAYGROUP LEADER

617-365-3941

ebaskin@familynurturing.org



LANGUAGES AVAILABLE:

English, Spanish, Portuguese, Chinese (Mandarin)

Join our social media platforms, and stay up to date on our latest updates.

Síguenos en nuestras plataformas digitales y entérese de nuestras novedades.



[Facebook.com/
AllstonBrightonFamilyNurturingCenter](https://Facebook.com/AllstonBrightonFamilyNurturingCenter)



[@abfamilysupportnetwork](https://www.instagram.com/abfamilysupportnetwork)



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