

MIND MATTERS

A workshop series providing educational resources and community support for Dorchester/Hyde Park families with young children to help foster learning at home.



- A 10-session series for parents. Participation is free.
- Learn strategies for how to foster your child's development and learning at home and in school.
- Developed by Harvard University and based on cutting-edge brain research on children's social, emotional, and intellectual growth.
- Sessions include hands-on activities, mini-lectures, and videos.
- Group discussions and community support with other families.
- You will receive learning materials and activities to use at home.

Fridays

March 6 – May 8

10:30a - 12:30p

Family Nurturing Center

200 Bowdoin Street,

Dorchester, MA 02124

Child watch and refreshments will be provided.

Facilitators

Sylvia Toruño Melville, Tyisha Blidgen, and Nora Arara

For questions and registration contact:

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