



**Family Nurturing Center of Massachusetts**  
**2025 Impact Report**



**For Children.  
For Caregivers.  
For Communities.**

# A Message From Our Leadership

Dear friends,

2025 was a year of meaningful growth through strategic investment at Family Nurturing Center of Massachusetts (FNC).

Following a collaborative planning process that brought together families, staff, Board members, and funders, we began to put our 2025–2029 strategic plan into action. We invested deeply in our people by raising salaries across the organization; we strengthened internal systems to better support our work; and we expanded our geographic footprint by officially welcoming our longtime partner, Chelsea Community Connections, into FNC.

Together, we engaged 8,500 people through parenting education, early childhood initiatives, community-building activities, and training for family service providers.

FNC is growing and evolving against a backdrop of uncertainty. Across Massachusetts, families are facing real and persistent challenges. Each day, we hear their stories and are reminded of the importance and urgency of our mission.

This is a pivotal moment for thoughtful, impactful leadership. In October 2025, we took a bold step forward by transitioning to a Co-Executive Director leadership model. This structure reflects our commitment to shared leadership and positions FNC to continue growing its impact, resilience, and reach.

Thank you for your continued partnership and belief in our work. We look forward to nurturing families and communities together in 2026 and beyond.



Warmly,

Taran Grigsby, Board Chair

Emma Tobin, Co-Executive Director, Advancement

Carol Torres, Co-Executive Director, Operations

## What We Do

Through parenting education, early child development programs, coalition and community building, and training and capacity building, Family Nurturing Center of Massachusetts partners with families and organizations to create nurturing environments where both caregivers and children can thrive. When they receive support through our programs, caregivers strengthen their understanding of child development, build stronger relationships with their children and their neighbors, and grow into the parents they want to be.

# Our Theory of Change

## Where We Begin:

Inequity and intergenerational trauma affect the wellbeing of children, caregivers, and communities. We start by honoring families' strengths and experiences.

## How We Partner with Families and Providers to Create Change:

- **Parenting Education:** Culturally-responsive, trauma-informed programs that help parents build skills, strengthen family bonds, and promote peer connection.
- **Early Childhood Family Engagement:** Playgroups, home visits, and screenings that support learning, healthy development, and strong parent-child relationships.
- **Training and Professional Development:** Training, coaching, and shared learning that grow a nurturing, skilled provider network to amplify our impact.
- **Community Building:** Events, partnerships, and shared spaces that foster celebration, healing, trust, and belonging.

## Together with Families, We Achieve:

- Through program participation, families gain new connections while accessing supportive resources.
- Over time, caregivers develop new skills, reduce stress, and develop trust and empathy for their children.
- With continued engagement, families develop strong internal bonds, connections to their communities, and a sense of belonging.

## Together with Family Service Providers, We Achieve:

- Providers learn and practice evidence-based family service approaches, positively impacting more families.
- Providers build connections with FNC and with each other, creating strong networks of family support.

# FNC Allston-Brighton

Family Nurturing Center believes deeply in the power of partnerships, and this commitment shines especially bright in our Allston-Brighton location. Since 1999, our team has engaged new parents—and parents who are newly-arrived in the country—with Parent-Child Playgroups, diverse cultural celebrations, and parent education, all strengthened by our community partners.

In 2025, thanks to a long collaboration with the Harvard Ed Portal, FNC Allston-Brighton offered two cycles of Mind Matters, a program that empowers parents to support their young child's growth and learning at home. As one participant shared (translated from Spanish):

“***Through the Mind Matters program, I acquired new concepts that I have been incorporating into my daily interactions with my daughter, and I intend to apply them to my newborn baby, as well. I am eager to continue participating in parenting classes, playgroups, and other opportunities that will benefit my family.***”



**95%**

*of adult caregivers who engage in FNC programs alongside their young child report feeling more confident in their roles.*

# FNC Chelsea

Family Nurturing Center - Chelsea (formerly Chelsea Community Connections Coalition) has been supporting families in Chelsea, East Boston, Revere, Winthrop, and Charlestown since 1993. Established as a neighborhood-based, resident-driven coalition for family support, Chelsea Community Connections joined Family Nurturing Center in April 2025 following years of partnership.

FNC Chelsea offers a children's clothing closet, summertime fieldtrips for families, Women's Wellness Workshops, English language classes for adults, and so much more, collectively engaging over 1,500 people in 2025 alone. A trusted source of community support, we are proud to offer a safe space for every resident, including Chelsea's vibrant immigrant community.

FNC is thrilled to welcome Chelsea into our organization as our fourth direct service site for families! We are eager to continue growing and learning together as we expand our vital programs beyond Boston.



**“ I was very shy when I first started coming here. I was timid, but now I know that I can be confident in sharing with other people what is going on with me.**

# 93%

**of Chelsea Workshop participants reported a positive impact on their self-advocacy skills and community belonging.**



# FNC Dorchester

Family Nurturing Center has a 30-year history of developing and delivering programs that are responsive to local families. Our longstanding Cape Verdean parenting education program, focused on Dorchester's vibrant Cape Verdean community, is a prime example. Over the past year, FNC Dorchester has risen to meet the current moment, developing new services in Haitian Creole to support the large numbers of Haitian migrants in our community. Through home visiting programs, Parent-Child Playgroups, and parenting education, FNC is supporting newly arrived families at a time when they need it most. Launching new programming brings an increased need for professional development for our team members. FNC Dorchester continues to provide Parent Leadership training across all our sites, as well as for staff from partner organizations. Equipping providers with the skills to support families is at the heart of our mission, and we are proud to offer these services from our headquarters in Dorchester, the place where it all began.

**“ This program has been a safe and positive space for the entire family. A place where you can always feel welcomed. ”**

# 75%

*of FNC families speak a language other than or in addition to English.*



# FNC Hyde Park

Nurturing Parenting Programs—multi-generational, experiential education classes that span 15 weeks—are at the center of our work. We deliver these programs in a wide range of contexts and languages, ensuring we are meeting every family exactly where they are.

In 2025, FNC Hyde Park offered a bilingual (English and Spanish) Family Nurturing Program which engaged 19 families. Together, families learned about empathy and other “nurturing constructs” to strengthen communication, family bonds, and connections with other families. Congratulations to our 317 parenting education graduates across Massachusetts in 2025!

FNC Hyde Park participants also had the opportunity to enroll in Parent-Child Playgroups and attend community events. Across our sites, 34% of participants are engaged in more than one program—a reflection of FNC’s deep commitment to providing wraparound supports that meet the needs of each family, in every season.

**“ Thank you for your support in my journey as a mother. With your help, I have learned to be a better mother to my girls and to make time for myself too.**

**73%**

*of caregivers assessed in parenting education programs increased overall scores related to positive parenting practices.*



# Volunteers

FNC volunteers include middle school students, senior citizens, and everyone in between. From supporting our Fall “Trunk or Treat” event, to packing Welcome Baby gift bags for new families, to cycling in the Ride for Kids, our volunteers are a vital part of our community.



We were very sad this year to lose longtime FNC supporter Mary “Polly” Chatfield who, up until her passing at the age of 96, was still hand-making four blankets per month for our Welcome Baby program. Thank you to Polly for bringing warmth and care to so many new babies and their parents; you will be missed.



## Training Highlight

FNC is proud to be a leading trainer for family service providers in Massachusetts.

Our training team offered nearly **30 workshops, trainings, and conferences** in 2025, engaging nearly **1,000 individuals**. Among them:

**90% of trainees increased their knowledge of strengths-based approaches to working with families.**

**98% of trainees report that they are prepared to implement what they learned.**

# Our Annual Gala

There is nothing more joyful than bringing FNC families, staff, and supporters together for events and celebrations.

Our spring gala is always a highlight of the year, bringing together FNC's community from near and far. In 2025, we were thrilled to honor Dr. J. Keith Motley and Mrs. Angela Motley at the JFK Library, welcoming over 300 guests. It was also a pleasure to present the Family Nurturing Award to Dr. Sharon Shay Workman, FNC's founder, and her husband, Wayne Workman.



*Scan to learn more!*



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Uchechi Egbuchulam, Manager, Operations & Human Resources  
Emma Tobin, Co-Executive Director for Advancement  
Carol Torres, Co-Executive Director for Operations

# A Note About The Financials

Over the past 5 years, Family Nurturing Center’s annual operation budget has doubled in size. Today, we are engaging over 8,500 children, parents, and providers annually and managing four separate sites across Boston and Chelsea. Thanks in large part to a transformative gift from philanthropist MacKenzie Scott, we are making critical investments in our people, our infrastructure, and our long-term sustainability. This is reflected in our financial statements, with a greater percentage of the budget dedicated to administration and fundraising. It is also reflected on the ground in a healthier, stronger, more impactful organization.



# Financials

All data in this annual report reflects FNC’s 2025 fiscal year, which began July 1, 2024 and ended June 30, 2025. Visit our website via the QR code below to view audited financials and Form 990.

| Revenues |  | Amount             | Percentage |
|----------|--|--------------------|------------|
|          | Public Funding   | \$2,529,394        | 42.8%      |
|          | Gifts, Grants, and Contributions                                       | \$2,567,220        | 43.4%      |
|          | Program Service Revenue  | \$ 93,970          | 1.6%       |
|          | Other Revenue<br>(Interest, Donated Goods and Services, Miscellaneous) | \$720,719          | 12.2%      |
|          | <b>Total Revenues</b>  | <b>\$5,911,303</b> |            |

| Expenses |                         | Amount             | Percentage |
|----------|-------------------------|--------------------|------------|
|          | Program Services        | \$3,768,054        | 66.0%      |
|          | Administrative Services | \$1,358,080        | 23.8%      |
|          | Fundraising             | \$579,590          | 10.2%      |
|          | <b>Total Expenses</b>   | <b>\$5,705,724</b> |            |

| Net Assets                  |  | Amount           |
|-----------------------------|--|------------------|
| Beginning Balance           |  | \$6,930,611      |
| Ending Balance              |  | \$7,136,190      |
| <b>Change in Net Assets</b> |  | <b>\$205,579</b> |



# Donors

We are grateful to the individuals and organizations who supported us in fiscal year 2025 (July 1, 2024 - June 30, 2025).

## **\$100,000 AND ABOVE:**

Anonymous Foundation  
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Carmin Reiss and Eric Green - Resolutions, LLC

## **\$50,000-\$99,999:**

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Kirk and Elmira Taylor  
The Boston Foundation  
The TJX Companies, Inc.  
Dora and Arthur Ullian  
Sharon Shay Workman and Wayne Workman

## Public Funding

FNC's work is made possible in part by financial support from the following entities, whose longstanding partnerships we appreciate.

*Boston Public Health Commission  
Boston Public Schools  
City of Boston Mayor's Offices  
Executive Office of Economic Development  
MA Department of Children and Families  
MA Department of Early Education and Care*

## Volunteers and In-Kind Donations

We are truly grateful for volunteer support, as well as gifts of toys, books, handmade blankets, and baby items from generous individuals and groups in FY2025:

*Charlene Arzigian  
Julie Binder  
Alinda Bostick  
Mary Chatfield  
Cradles to Crayons  
Cross Fit Launch Pad  
Sis de Bordenave  
Eastern Bank  
Sami Greenberg  
Handworkers of First Presbyterian Church of Quincy  
Loomis, Sayles & Company  
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## **\$2,500-\$4,999:**

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Vertex Pharmaceuticals  
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