



# FNC Allston-Brighton NEWSLETTER

**Free Programs and Resources for Allston-Brighton families with children 0-5 years old.**

**Programas y recursos gratuitos para todas las familias de Allston-Brighton con niños de 0-5 años de edad.**

**September/  
October  
2026**

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Fall is around the corner! With the new school year starting we wish all the children in the community a successful year ahead. We have new playgroups planned with fun learning activities to celebrate the season. We hope you'll join us.

El Otoño llegará pronto! Con el comienzo del año escolar, deseamos a todos los niños de la comunidad un exitoso año. Hemos planeado nuevos grupos de juego con divertidas actividades, para celebrar esta estación. Esperamos que nos puedan acompañar.



## FNC Allston-Brighton



640 Washington Street, Suite #103, Brighton, MA 02135



(857) 220-2640 (landline); (857) 230-3523 (cell)



[familynurturing.org](http://familynurturing.org) | [bfen.link](http://bfen.link)



Languages: English, Spanish, Portuguese, Chinese (Mandarin)



Sandra McCarthy at [smccarthy@familynurturing.org](mailto:smccarthy@familynurturing.org)





# CALENDAR CALENDARIO

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## 2026 September/Septiembre

| MON<br>LUNES           | TUE<br>MARTES                                                    | WED<br>MIÉRCOLES         | THU<br>JUEVES            | FRI<br>VIERNES                 | SAT<br>SÁBADO         | SUN<br>DOMINGO |
|------------------------|------------------------------------------------------------------|--------------------------|--------------------------|--------------------------------|-----------------------|----------------|
|                        | 1<br>Nurturing Closet<br>Diaper Pantry                           | 2                        | 3                        | 4                              | 5                     | 6              |
| 7<br>Office Closed     | 8<br>Rogers Park Playgroup<br>Nurturing Closet<br>Diaper Pantry  | 9<br>Hardiman Playgroup  | 10<br>Hardiman Playgroup | 11<br>Bilingual Baby Playgroup | 12                    | 13             |
| 14<br>Nurturing Closet | 15<br>Rogers Park Playgroup<br>Nurturing Closet<br>Diaper Pantry | 16<br>Hardiman Playgroup | 17<br>Hardiman Playgroup | 18<br>Bilingual Baby Playgroup | 19<br>Steam playgroup | 20             |
| 21<br>Nurturing Closet | 22<br>Rogers Park Playgroup<br>Nurturing Closet<br>Diaper Pantry | 23<br>Hardiman Playgroup | 24<br>Hardiman Playgroup | 25<br>Bilingual Baby Playgroup | 26<br>Steam playgroup | 27             |
| 28<br>Nurturing Closet | 29<br>Nurturing Closet<br>Diaper Pantry                          | 30                       |                          |                                |                       |                |



# CALENDAR CALENDARIO

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## 2026 October/Octubre

| MON<br>LUNES           | TUE<br>MARTES                                             | WED<br>MIÉRCOLES    | THU<br>JUEVES             | FRI<br>VIERNES                 | SAT<br>SÁBADO         | SUN<br>DOMINGO |
|------------------------|-----------------------------------------------------------|---------------------|---------------------------|--------------------------------|-----------------------|----------------|
|                        |                                                           |                     | 1                         | 2                              | 3<br>Steam playgroup  | 4              |
| 5<br>Nurturing Closet  | 6<br>Nurturing Closet<br>Diaper Pantry                    | 7                   | 8                         | 9                              | 10                    | 11             |
| 12<br>Office Closed    | 13<br>Wonderful Ones<br>Nurturing Closet<br>Diaper Pantry | 14<br>Terrific Twos | 15<br>Preschool Playgroup | 16<br>Bilingual Baby Playgroup | 17<br>Steam playgroup | 18             |
| 19<br>Nurturing Closet | 20<br>Wonderful Ones<br>Nurturing Closet<br>Diaper Pantry | 21<br>Terrific Twos | 22<br>Preschool Playgroup | 23<br>Bilingual Baby Playgroup | 24<br>Steam playgroup | 25             |
| 26<br>Nurturing Closet | 27<br>Nurturing Closet<br>Diaper Pantry                   | 28<br>Terrific Twos | 29<br>Preschool Playgroup | 30<br>Bilingual Baby Playgroup | 31<br>Steam playgroup |                |



# PROGRAMS PROGRAMAS

## STEAM PLAYGROUP

Discover the fun of STEAM with hands on activities  
for the whole family

**Who:** Allston-Brighton kids age 3–6 years old,  
siblings are welcome

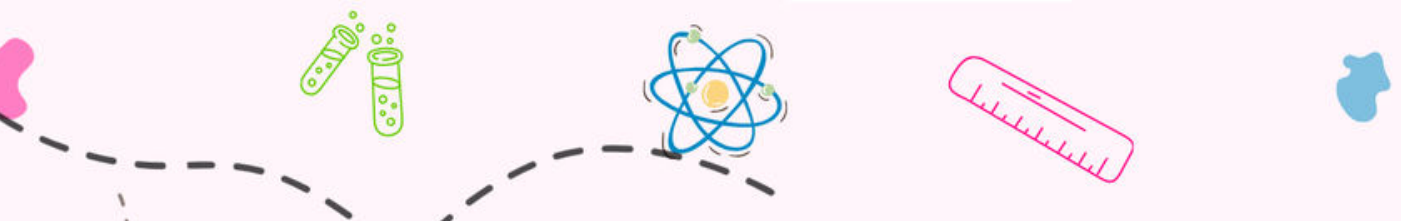
**When:** Saturday 10:30 a.m.–11:30 a.m.,  
September 19<sup>th</sup> –October 31<sup>st</sup>, 2026

**Where:** Josephine A. Fiorentino Community Center  
123 Antwerp St, Brighton, MA 02135

Registration required:  
[bjiang@familynurturing.org](mailto:bjiang@familynurturing.org)  
<https://www.tfaforms.com/5224457>



**Scan to register!**





# MOMENTS TO CHERISH AT FNC ALLSTON-BRIGHTON





# PLAYGROUPS

## GRUPOS DE JUEGO

Our amazing facilitators, Elayne and Nelva, have planned fun activities for their playgroups this month. **Please register for only one playgroup per facilitator.**

Nuestras increíbles facilitadoras Elayne y Nelva han planeado actividades divertidas para sus grupos de juego este mes. **Regístrese solo para un grupo de juego por facilitador.**

## Bilingual Baby

### FALL PLAYGROUP



Facilitator: **Nelva Quintero & Mirna Simaj**

Ages: **0-12 months**

Date: **Fridays, 09/11-10/30**

Time: **10:30 - 11:30 am**

Location: **640 Washington St, Brighton**  
**(Downstairs in New Balance Room)**

We will learn songs, games, and activities to support your young child's development.

Aprenderemos canciones, juegos y actividades para apoyar el desarrollo de tu bebé.

Registration required:  
[nquinterovelasco@familynurturing.org](mailto:nquinterovelasco@familynurturing.org)

<https://www.tfaforms.com/5225196>



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 Languages: English, Spanish, Portuguese, Chinese (Mandarin)

 [Facebook.com/AllstonBrightonFamilyNurturingCenter](https://www.facebook.com/AllstonBrightonFamilyNurturingCenter)

 [@abfamilysupportnetwork](https://www.instagram.com/abfamilysupportnetwork)





# PLAYGROUPS GRUPOS DE JUEGO

## Indoor age-based playgroups



**Fun, free and welcoming!**



**Who:** AB families with children 0-4, younger siblings are welcome!

**Tuesday: Wonderful Ones 12-24 months**

**Wednesday: Terrific Twos 2 year-olds**

**Thursday: Preschool Playgroup 3-4 year-olds**

**When:** All groups beginning week of October 12th.

**Tuesday 10:00 am -11:30 am (Starting October 13th)**

**Wednesday 10:30 am-12:00 pm (Starting October 14th)**

**Thursday 10:30 am-12:00 pm (Starting October 15th)**

**Where:** **Tuesday: Harvard Ed Portal, 224 Western Ave, Allston, parking in rear**

**Wednesday: Josephine Fiorentino Community Center, 123 Antwerp St, Allston**

**Thursday: Josephine Fiorentino Community Center, 123 Antwerp St, Allston**

**What:** Engaging experiences for caregivers and their children. Group circle time with songs and more hands-on activities

### Questions?

Call or text Elayne 617-365-3941

Email: [ebaskin@familynurturing.org](mailto:ebaskin@familynurturing.org)

### Registration required!

<https://www.tfaforms.com/5231651>

**Scan me to register!**





# SERVICES SERVICIOS

## Ages and Stages Developmental Screening



Explore your children's development  
Explora el desarrollo de tu hijo



Are you curious or concerned about your child's developmental and social-emotional growth? Schedule a visit with one of our qualified screeners by calling the number below or by scanning the QR code to complete the questionnaire online.

Tiene curiosidad o está preocupado por el desarrollo y el crecimiento socio-emocional de su hijo? Programe una visita con uno de nuestros evaluadores calificados llamando al número a continuación o escaneando el código QR para completar el cuestionario en línea.

English



Sandra McCarthy  
smccarthy@familynurturing.org  
857-230-3523

Online Questionnaires

Español



## Welcome Baby Visit



Do you have a newborn or a baby up to 6 months old? Would you like to get connected or learn about resources in our community?

¿Tiene un recién nacido o un bebé de hasta 6 meses? ¿Le gustaría conectarse o conocer los recursos de nuestra comunidad?

Welcome Baby brings a one-time celebratory visit with a gift bag to all qualified families in Allston-Brighton. Call for yourself or refer a friend today!

Bienvenido Bebe trae una visita de celebración para todas las familias elegibles con recién nacidos hasta los 6 meses en AllstonBrighton. Contactenos para hacer una visita o referir a una amiga hoy mismo!



Sandra McCarthy  
smccarthy@familynurturing.org  
857-230-3523





# SERVICES SERVICIOS



**Address: 640 Washington Street, Suite #103, Brighton, MA, 02135**

We offer clothes sizes from newborn to 12 years old for **FREE**. Appointments available Monday 10:30 a.m.-1:00 p.m. and Tuesday 1:00 p.m.-4:30 p.m. **Schedule your appointment today at 857-230-3523.** Ofrecemos ropa **GRATIS** desde recién nacido hasta los 12 años a través del Nurturing Closet. Citas disponibles los lunes de 10:30 a.m. - 1:00 p.m y los martes de 1:00 p.m.- 4:30 p.m. **Contáctenos para hacer su cita al 857-230-3523.**

**\*By appointment only. No walk-ins please. WIC/Masshealth card and proof of Allston-Brighton residency required.**

**\*Se requiere tarjeta de WIC o Masshealth y prueba reciente de dirección de Allston-Brighton.**



## Allston-Brighton Diaper Pantry

**TUESDAYS FROM 1-4:30 PM**

**Martes de 1-4:30 PM**



**Address: 640 Washington Street, Suite #103, Brighton, MA, 02135**

Families can pick up diapers **ONCE** a month for children **up to 3 years old**.

Las familias podrán recoger pañales **UNA VEZ** al mes para cada niño/a hasta los **3 años de edad**.

**\*Proof of Allston-Brighton residency and WIC/MassHealth card is required at every visit.** Please arrive during the **designated time frame only**. For questions, please call 857-230-3523.

**\*Es necesario presentar una prueba de dirección reciente de Allston-Brighton y la tarjeta de WIC o MassHealth cada mes.** Si no puede venir en el horario establecido por favor llamar al 857-230-3523.





# RESOURCES RECURSOS

## ALLSTON-BRIGHTON FOOD RESOURCES RECURSOS DE ALIMENTOS GRATIS EN ALLSTON-BRIGHTON

### Allston-Brighton Food Pantry

Community Supper: [Wednesdays, 6 PM](#)

Food Basket:

[2nd & 4th Saturdays, 10 AM - 1 PM](#)

- Phone: 617-254-4046
- Location: 404 Washington St, Brighton

### ABCD Food Pantry

Monday: 11am - 4pm

Tuesday: Closed

Wednesday: 10am - 4pm

Thursday: 10am - 2pm

Friday: 10am - 4pm

- Phone: 617-903-3640
- Location: 640 Washington St, Brighton

### Community Fridges

- Brighton Allston Congregational Church
  - 404 Washington St, Brighton



If you need immediate connection to resources, please dial 2-1-1 or search online at [mass211.org](http://mass211.org).

Si usted necesita información urgente de recursos, por favor llame al 211, o visite [mass211.org](http://mass211.org).



# Boston Basics

Have you signed up already? This free text messaging program is designed to support your child's development and strengthen your relationship until your child turns three years old. Register today!

[Usted ya se inscribió? Este es un programa gratuito de mensaje de texto para apoyar el desarrollo de su niño y fortalecer su relación hasta los tres años de edad. Inscribase hoy!](#)  
[thebasicsboston.org/](http://thebasicsboston.org/)



GOOD FOOD and A WHOLE LOT MORE!

WIC is a healthy food and nutrition program available to families who qualify. If you are pregnant, nursing or caring for children under the age of 5, you may qualify. Find out now!

[mass.gov/forms/applyfor-wic-online](http://mass.gov/forms/applyfor-wic-online)

640 Washington St,  
Brighton, Suite #101

(617) 254-0492

